

## **Resources for Parenting Around Media—From Peter DeBenedittis, Ph.D.**

Media Literacy for Prevention. (Dr. D's web site)

Contains a free book on Parenting Around Media, plus research and educational materials.

<http://www.medialiteracy.net>

National Institute for Media and the Family.

Run by Dr. David Walsh. Free Family Resources and good content for activism. Excellent resources on video games and violence.

[www.mediafamily.org](http://www.mediafamily.org)

Media Matters.

Site from the American Academy of Pediatrics.

<http://www.aap.org/family/mediainpact.htm>

LimiTV.

Great articles, facts, and activities around limiting TV.

<http://www.limitv.org>

Don't Buy It.

Sponsored by PBS, contains several great media literacy lessons that are fun for children and families alike.

<http://pbskids.org/dontbuyit>

Media Awareness Network

Check out the section for Parents. Great articles and practical tips for setting limits around media and intervening when problems arise.

<http://www.media-awareness.ca>

Children Now.

Features a section with research and advocacy for better children's media.

<http://www.childrennow.org>

Dads & Daughters.

A tremendous all round parenting site with a strong focus on media and activism.

<http://www.dadsanddaughters.org>

Coalition to Stop Commercial Exploitation of Children.

Lots of activism opportunities.

<http://www.commercialexploitation.com>

TV Turn Off Network.

Sponsors TV Turn Off Week. Has millions of participants each year!

<http://www.tvturnoff.org>